**Full Spiritual Exercises of St Ignatius of Loyola in 3 Stages**

**Application Form**

**SECTION ONE – General Information**

**1.1 Date of Retreat**:

**1.2 Full Name:**

**1.3 Address**:

**Email**:

**1.4 Telephone Number**:

**1.5 Date of Birth:**

**1.6 What is your Christian Affiliation**?

**1.7 Status [i.e. are you a single, person, married, a religious, ordained minister, etc.]** :

**1.8 If a religious, please state the name of your Order/Congregation and the date of your entry**:

**1.9 If in Holy Orders, please give the date of ordination**:

**1.10 What is your present occupation**?

**1.11 What is your knowledge of the Spiritual Exercises of St Ignatius of Loyola** **/ Ignatian Spirituality**?

**1.12 How did you hear about the Spiritual Exercises**?

**1.13 Occasionally during the Exercises it could happen that it is better that the retreat does not continue. While we would hope to decide this jointly, do you understand that this may happen and agree to accept our decision**?

**SECTION TWO**

**The Spiritual Exercises of St Ignatius are designed to challenge the ordinary Christian with the fullness of the Gospel message, thus allowing the Lord to call and form the person into an active apostle of generous and large-hearted desire for the Kingdom.**

**Your responses to the following sections helps us to enter into the discernment process with you about your readiness for the Spiritual Exercises in daily life and, will aid us in allocating a suitable retreat director.**

**A Why do you wish to make the Exercises at this point in your life? (e.g., at a crossroads in life, confirming a decision**)

**B Describe briefly *three* significant experiences in your life and what they meant to you, and how they have shaped you into the person you are. (Allow a short paragraph for each experience**).

**C1 What matters to you? (Please write a short paragraph to describe**).

**C2 How do you experience your life as a vocation and invitation to service? (Please write a short paragraph to explain your answer**).

**D1 Please tell us something about your prayer life**.

**D2 Who is God for you at the moment**?

**D3 In what ways does the Gospel challenge you at this time**?

**D4 Have you made an Ignatian individually guided retreat before**?

**Yes / No If so, how many?**

**E How do you see your making of the Exercises affecting how you engage with the Church and the world**?

**F Do you have regular spiritual direction**?

**SECTION THREE**

**3.1 What is the general level and state of your health**?

**3.2 Are you or have you been taking any stimulants, anti-depressants, or tranquillising**

**drugs during the past five years**?

**If ‘YES’, please let us know what they were prescribed for, how long you were taking them, why and with what result to you**:

**3.3 Are you or have you been undergoing any form of psychiatric treatment or psychotherapeutic counselling during the past five years**?

**If ‘YES’, please let us know in general terms something about the treatment or therapy, the problems you were experiencing, the time taken and the outcome**:

**3.4 Would you please provide the names and contact details of 2 people we may contact for references. This could be your Spiritual Director, Priest, Superior or someone else who knows you well. But not a family member or very close friend.**

*N.B. – An affirmative answer to Questions 3.2-3 does not of itself indicate unsuitability for the retreat.*

**Do you understand that completion of this form does not guarantee a place on the Retreat**

**Signature: ……………………………………………… Date:**

**Name: ……………………………………………………….**

Please email the completed form to [programmemanager@epiphanyhouse.co.uk](mailto:programmemanager@epiphanyhouse.co.uk)